





S. B. ARTS AND K. C. P. SCIENCE COLLEGE, VIJAYAPUR

(Affiliated to Rani Channamma University, Belagavi)

NATIONAL SERVICE SCHEME (NSS)

UNIT 1 & 2



Date:29/08/2025

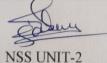
REPORT ON SPECIAL LECTURE: IMPORTANCE OF FITNESS IN DAILY LIFE

Under the proactive IQAC initiative, the Department of Sports and Physical Education and NSS UNIT I & II jointly organized a Special Lecture on the crucial topic, "Importance of Fitness in Daily Life," held in the Auditorium Hall on August 30, 2025. The session featured Dr. Savita Anneppanavar, Sports and Physical Director from BLDEA's Smt. Bangaramma Sajjan Arts, Commerce and Science College, Vijayapur, who delivered an insightful lecture emphasizing the profound significance of physical activity, yoga, and sports in maintaining a healthy body and mind, specifically stressing their role in reducing lifestyle-related disorders and significantly enhancing the quality of life. The successful event was formally presided over by Principal Dr. R. M. Mirdhe, with Dr. P. S. Patil (IQAC Director) extending the welcome and Dr. Anil B. Naik (Vice-Principal) proposing the vote of thanks, all seamlessly managed by the effective compering of Smt. Roopa S. Motagi. The strong and interactive participation from both staff and students ensured the lecture achieved its maximum impact.





National Service Scheme Programme Officer S.B. Arts & K.C.P Science College, Vijayapur



College, Vijavapur

National Service Schelle AC Co-ordinator Programme Officers, B. Arts and K.C.P. Science College, B. Arts & KCP. Sc. College S.B. Arts & K.C.P. Science

Vijayapur

Principal,

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