

Achyranthes aspera

Scientific classification

Kingdom : Plantae
Order : Caryophyllales
Family : Amaranthaceae
Genus : *Achyranthes*
Species : *A. aspera*



DESCRIPTION:

Achyranthes aspera is a species of plant in the family Amaranthaceae. It is distributed throughout the tropical world. It can be found in many places growing as an introduced species and a common weed. It is an invasive species in some areas, including many Pacific Islands environments

Achyranthes aspera is an erect, sometimes sprawling, long-lived herb which can grow up to 2 m tall, with stems becoming woody at the base. Its short-stalked leaves are opposite, simple and egg-shaped; they can be densely to sparsely hairy and are dark green above and paler below, with young leaves often silvery.

MEDICINAL USES:

An herbaceous plant, found throughout India as a weed, in throughout world. The plant is considered carminative, diuretic, gastric tonic, anti-inflammatory, expectorant, blood purifier and antidote for snake and scorpion bites. Decoction of the whole plant is used in gastritis, gaseous distention, ascites, eczema, skin eruptions and boils, and the leaves juice sometimes applied to relieve toothache. Whole plant ash is used in gaseous distention, gastritis, cough, asthma and urinary bladder stones in traditional medicines; the ash with honey is also used to relieve cough.