

Bergenia ciliata

Scientific classification

Kingdom	: Plantae
Clade	: Angiosperms
Order	: Saxifragales
Family	: Saxifragaceae
Genus	: <i>Bergenia</i>
Species	: <i>B. ciliata</i>



Bergenia ciliata

DESCRIPTION

- *Bergenia ciliata* is a plant species in the genus *Bergenia*, The plant is endemic to Northern and Eastern temperate Himalayan region in Himachal Pradesh, Jammu & Kashmir, Uttarakhand
- This is a rhizomatic herb with fleshy leaves, growing upto 30 cm tall, having a stout creeping rhizomatous rootstock with scars and intermittent axillary buds.
- Plant is quite hardy and able to survive frost during winter turning reddish in colour.
- It is evergreen and flowers in April to June. Its flowers are white-pink and purple in colour.
- Stem is short and the rhizome comes out from the cervices of rocks and hangs in the air in sloppy areas.
- Leaves are 5-30 cm long, glabrous, sparsely hairy in margins, broadly obovate or elliptic, finely or sparsely denticulate or shallowly sinuate-dentate.
- The flowers are bisexual, white, pink or purple with long cymose panicles 4-10 cm long.
- The fruit is a capsule and rounded in shape.
- Seeds are greyish in colour, minute and numerous in capsule.

MEDICINAL USES

- The root juice is used to treat coughs and colds, haemorrhoids, asthma and urinary problems.
- Externally, the root is bruised and applied as a poultice to boils and ophthalmia,
- It is also considered helpful in relieving backache.