

Persea americana

Scientific classification

Kingdom : Plantae

Clade : Angiosperms

Order : Laurales

Family : Lauraceae

Genus : *Persea*

Species : *P. americana*



Description

The **avocado** (*Persea americana*), a tree likely originating from south central Mexico, is classified as a member of the flowering plant family Lauraceae. The fruit of the plant, also called an avocado (or **avocado pear** or **alligator pear**), is botanically a large berry containing a single large seed. Avocados are commercially valuable and are cultivated in tropical and Mediterranean climates throughout the world. They have a green-skinned, fleshy body that may be pear-shaped, egg-shaped, or spherical. Commercially, they ripen after harvesting. Avocado trees are partially self-pollinating, and are often propagated through grafting to maintain predictable fruit quality and quantity.^[1]In 2017, Mexico produced 34% of the world supply of avocados.

Medicinal uses

- Avocado has weight reducing, appetite depressant health benefit
- Avocado can Improve Cholesterol level in Blood
- Avocado In Cancer Prevention
- Avocado for Osteoarthritis
- Avocado pulp is used to treat wounds with pus,
- Decoction from avocado seeds is used as mouthwash and to relieve toothaches,
- Avocado pulp is used to treat small cuts and wounds,
- Decoction from pulp, bark and leaves are used to promote menstruation,
- Avocado ointment from pulverized seeds used to treat skin irritation,
- Grounded avocado seeds and bark are mixed with oil to relieve pain associated with rheumatism,
- Avocado flesh us used to relieve pain and itchiness caused by sunburn