

Viburnum tinus

Scientific classification 

Kingdom : Plantae
Clade : Angiosperms
Order : Dipsacales
Family : Adoxaceae
Genus : *Viburnum*
Species : *V. tinus*



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Description:

Viburnum tinus is a dense, evergreen shrub with dark and oval, glossy leaves, which contrast beautifully with fragrant pinkish-white flowers, followed by dark black fruit. It's a popular choice for hedging but may also be grown as a specimen shrub in a mixed border.

Medicinal uses:

The leaves when infused have antipyretic **properties**. The fruits have been used as purgatives against constipation. The tincture has been used lately in herbal medicine as a remedy for depression. The plant also contains iridoid glucosides.