

## *Vitex negundo*

### Scientific classification

Kingdom : Plantae  
Clade : Angiosperms  
Order : Lamiales  
Family : Lamiaceae  
Genus : *Vitex*  
Species : *V. negundo*



*Vitex negundo*

### DESCRIPTION:

*Vitex negundo* is an erect shrub or small tree growing from 2 to 8 m (6.6 to 26.2 ft) in height. The bark is reddish brown. Its leaves are digitate, with five lanceolate leaflets, sometimes three. Each leaflet is around 4 to 10 cm (1.6 to 3.9 in) in length, with the central leaflet being the largest and possessing a stalk. The leaf edges are toothed or serrated and the bottom surface is covered in hair. The numerous flowers are borne in panicles 10 to 20 cm (3.9 to 7.9 in) in length. Each is around 6 to 7 cm (2.4 to 2.8 in) long and are white to blue in color. The petals are of different lengths, with the middle lower lobe being the longest. Both the corolla and calyx are covered in dense hairs.

### MEDICINAL USES:

**Vitex negundo** is a well-known **medicinal** herb that is used in Indian System of Medicine. The **Vitex negundo** extracts have been used in Unani system of medicine as anti-inflammatory, expectorant, tranquilizer, antispasmodic, anti convalesant, rejuvenative, anti-arthritic, anthelmintic, anti-fungal and antipyretic.