

**B.A Third Semester**

**4. Education (Optional) with effect from 2017-18**

**PSYCHOLOGICAL FOUNDATIONS OF EDUCATION**

Teaching 05 hours per week

Total 60 hours

**OBJECTIVES: -**

**Upon Completion of the course, the students will be able to:-**

1. acquire an understanding of meaning and importance of psychology and Educational Psychology
2. gain the knowledge of different stages of human development and understand the characteristics of various stages of development
3. acquaint with the role of heredity and environment, and understands the needs and problems of adolescents
4. identify individual differences among human beings.
5. understand the mental health and hygiene
6. understand the memory and forgetting processes

**Unit 1: Psychology and Education**

- 1.1 Psychology – meaning and importance
- 1.2 Psychology as a science
- 1.3 Branches of Psychology - Developmental psychology, Social psychology, Differential psychology and Abnormal psychology
- 1.4 Educational Psychology - meaning, nature, scope and importance, inter-relationship between psychology and education
- 1.5 Psychological Methods: Introspection method, Observation method, Case-study, Experimental method, Survey method - meaning, steps, merits, demerits and educational implications

**12 Hrs**

**Unit 2: Stages of Growth and Development**

- 2.1 Growth and Development – Meaning, Concept and Principles
- 2.2 Differences between growth and development

- 2.3 Heredity and Environment - Concepts and their role in human development
- 2.4 Stages of development
- 2.5 Adolescent Psychology- Meaning, Importance, Problems of adolescents (Emotional, Social, Moral) and the role of teacher

12 Hrs

**Unit 3: Human Abilities**

- 3.1 Human Abilities - Cognitive, Affective and Psycho-motor, Measures to enhance human abilities
- 3.2 Individual differences – meaning and characteristics
- 3.3 Areas and causes of Individual differences
- 3.4 Exceptions in Human Abilities – Gifted and Slow learners
- 3.5 The role of education in overcoming the Juvenile delinquency

12 Hrs

**Unit 4: Mental Health and Hygiene**

- 4.1 Mental Health – Meaning and Importance
- 4.2 Mental hygiene – Meaning, concept and characteristics of a mentally healthy person
- 4.3 Maladjustment – Meaning and causes, resistance for adjustment-tension, frustration and conflicts
- 4.4 Defense mechanisms
- 4.5 Role of Education in maintaining mental health of children.

12 Hrs

**Unit 5: Memory and Forgetting**

- 5.1 Memory - Meaning, characteristics and stages of memory
- 5.2 Types of memory
- 5.3 Factors influencing on memory, Measures to improve Memory
- 5.4 Forgetting - Meaning, types and Causes
- 5.5 Information process – Meaning and Importance

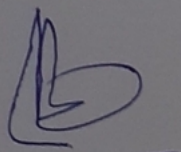
12 Hrs

**ASSESSMENT**

Internal	Internal Marks	External Marks
Two Tests (4+10)	14 Marks	Theory Examination 80 Marks
Assignment/Seminar/Project/ Field work/ NSS/ NCC (3)	03 Marks	
Attendance (3)	03 Arks	

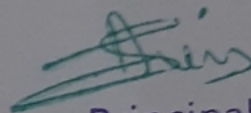
**Assignments:** (any one)

1. Case study of some selected individuals with special Human abilities
2. Preparing a comparative chart of different psychological methods



**IQAC, Co-ordinator**

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**Principal,**

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