

5. Social Work(Optional)

COURSE STRUCTURE FOR SOCIAL WORK
AS AN OPTIONAL PAPER FOR BACHELOR OF ARTS (BA)
(To be effective from the Academic Year 2017-2018)

SEMESTER-III

Sl. No.	Group	Code No.	Title of the Paper
1	II	3.3	Social Case Work
2	II	3.4	Social Work Practicum - III

SEMESTER - III

Paper Code: 3.3

Paper Title: SOCIAL CASE WORK

Objectives:

- To understand human behavior and coping capacities of individuals.
- To understand the principles and techniques of working with individuals and families.
- To learn the applicability of social casework in various setting.

Course Content:

UNIT I

Introduction to Social Case Work: Meaning, Definition, Nature and Scope of Social Case Work; Historical Development of Case Work Method.

UNIT II

Components of Social Case Work – Person, Problem, Process, and Place; Principles of case work: Individualization, acceptance, non-judgmental attitude, participation, relationship, effective communication of feeling, client self-determination, and confidentiality.

UNIT III

Social Case Work Process: Initial Contact, Study, Assessment, Intervention, Evaluation, Termination, and Follow-up. Approaches to Case Work: Psycho-social Approach, Functional Approach, Problem-solving Approach, and Holistic Approach.

UNIT III

Skills and Technique of Social Case Work: Communication, Relationship, Observation, Listening, Interviewing, Home Visit, Resource Mobilization, Advocacy, Environment Modification, and Recording.

UNIT V

Application of Social Case Work in Various Settings: Family and child welfare settings, School settings, Medical and Psychiatric settings, Correctional settings, Industrial settings; Role of Social Worker in case work settings.

References:

- Friedlander, W.A. 1978. *Concepts and Methods of Social Case Work*. Englewood Cliffs: Prentice Hall.
- Hamilton, G. 1959. *Theory and Practice of Social Case Work*. NY: Columbia Univ. Press.
- Jirimat, S. 2014. *Vyaktigatha Samajakarya Parichaya* (Kannada). Belagavi: BIRDS.
- Mathew, Grace. 1992. *An Introduction to Social Case Work*. Bombay: Tata Institute of Social Sciences.
- Perlman, H. H. 1957. *Social Case Work: A Problem Solving Process*. Chicago: The University of Chicago Press.
- Roberts, Robert and Robert Nee (eds). 1970. *Theories of Social Case Work*. Chicago: University of Chicago Press.
- Timms, N. 1964. *Social Case Work: Principles and Practice*. London: Routledge and Kegan Paul.
- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Individuals and Groups (Vol.I)*. New Delhi: School of Social Work, IGNOU.
- Upadhyay, R.K. 2010. *Social Case Work: A Therapeutic Approach*. Jaipur: Rawat Publications

Paper Code: 3.4

Paper Title: SOCIAL WORK PRACTICUM - III

Objectives:

- a) To develop capacity for observation and analyzing social realities.
- b) To develop an understanding of needs, problems and programmes for different target groups.
- c) To develop an understanding of the role of a social worker in different settings.
- d) To develop skills in observation, interview, recording, group discussions and leadership.
- e) To develop skills in report writing and use of supervision.

Course Content:

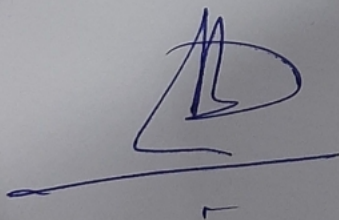
This paper comprises:

- **Orientation to intensive field work.**
- Placement in School setting.
- Interaction with social work practitioners.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

Note: Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

References:

- Kohli, A.S. 2004. *Field Instruction and Social Work: Issues, Challenges and Response*. Delhi: Kanishka.
- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
- Mathew, G. *Supervision in Social Work*. Mumbai: TISS.
- Roy, S. 2012. *Fieldwork in Social Work*. Jaipur: Rawat Publications.
- Sajid, S.M. 1999. *Fieldwork Manual*. New Delhi: Department of Social Work, Jamia Millia Islamia.
- Singh, R.R. (ed.) 1985. *Fieldwork in Social Work Education: A Perspective for Human Service Profession*. New Delhi: Concept Publishing.
- Subedhar, I.S. 2001. *Fieldwork Training in Social Work*. New Delhi: Rawat.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.



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