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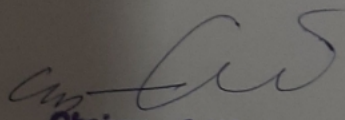
Department of Social Work

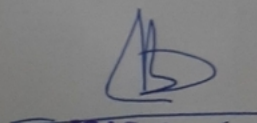
Field Work

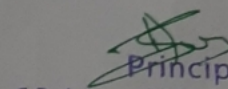
"A Recreational Facilities Provided To Inmates of
Central, Prison Bijapur.

Study Conducted By:
Staff and Student's

2019-20


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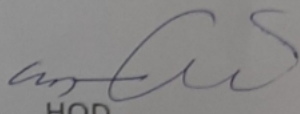

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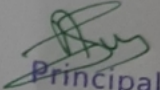
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NOTICE

This is to inform the faculty and students of social work to go for field work on 30/09/2019-20 at 09:30am. to the know about. How to provide the "Recreational Facilities In Central Jail Vijayapur".


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ಕರ್ನಾಟಕ ಸರ್ಕಾರ
(ಕಾರಾಗೃಹಗಳ ಇಲಾಖೆ)

ಸಂಖ್ಯೆ:ಆರ್‌ಎಸ್/ಸಿಆರ್-ಅನುಮತಿ-01/2018-19

ಹೆಚ್ಚುವರಿ ಪೊಲೀಸ್ ಮಹಾನಿರ್ದೇಶಕರು ಮತ್ತು
ಕರ್ನಾಟಕ ಕಾರಾಗೃಹಗಳ ಮಹಾನಿರ್ದೇಶಕರ ಕಛೇರಿ
ನಂ-4, ಶೇಷಾದ್ರಿ ರಸ್ತೆ ಬೆಂಗಳೂರು-560009
ದಿನಾಂಕ: 21-03-2019-20

ಗೆ,
ಮುಖ್ಯ ಅಧೀಕ್ಷಕರು,
ಕೇಂದ್ರ ಕಾರಾಗೃಹ,
ವಿಜಯಪುರ-586103.

ವಿಷಯ : ಕೇಂದ್ರ ಕಾರಾಗೃಹ, ವಿಜಯಪುರ ಇಲ್ಲಿಗೆ ಭೇಟಿ ನೀಡಲು ಅನುಮತಿ ನೀಡುವ ಬಗ್ಗೆ.
ಉಲ್ಲೇಖ : ನಿಮ್ಮ ಕಛೇರಿ ಪತ್ರ ಸಂಖ್ಯೆ: ಕೇಕಾವಿ/ಕಾನಿವಿ/876/2017-18, ದಿನಾಂಕ: 08.03.2018.

ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಉಲ್ಲೇಖಿತ ನಿಮ್ಮ ಮನವಿಯನ್ನು ಪರಿಗಣಿಸಲಾಗಿದೆ. ಅದರಂತೆ ಎಸ್.ಬಿ. ಆರ್ಟ್ & ಕೆ.ಸಿ.ಬಿ. ವಿಜ್ಞಾನ ಮಹಾವಿದ್ಯಾಲಯದಲ್ಲಿ ಸಮಾಜಕಾರ್ಯ ಅಭ್ಯಾಸಿಸುತ್ತಿರುವ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಕೇಂದ್ರ ಕಾರಾಗೃಹ, ವಿಜಯಪುರ ಇಲ್ಲಿಗೆ (ಆ ಸಂಸ್ಥೆಯ ಮುಖ್ಯಸ್ಥರು ನಿಗದಿಪಡಿಸುವ ದಿನಾಂಕ ಮತ್ತು ಸಮಯದಲ್ಲಿ) ಆ ಕೆಳಕಂಡ ಷರತ್ತುಗಳ ಅನುಸಾರ ಅಧ್ಯಯನ ಭೇಟಿ ನೀಡಲು ಅನುಮತಿ ನೀಡಿದೆ.

ಷರತ್ತುಗಳು:-

- ದಿನದಂದು ಸಂಸ್ಥೆಯವತಿಯಿಂದ ಕಾರಾಗೃಹಕ್ಕೆ ಭೇಟಿ ನೀಡುವ ವಿದ್ಯಾರ್ಥಿಗಳು ಕಾರಾಗೃಹದ ಶಿಸ್ತಿಗೆ ಹಾಗೂ ನೀತಿ ನಿಯಮಾವಳಿಗಳಿಗೆ ಬದ್ಧರಿರತಕ್ಕದ್ದು.
- ಭೇಟಿಯ ಸಮಯದಲ್ಲಿ ಸಂಸ್ಥೆಯಿಂದ ನೀಡಲ್ಪಟ್ಟ ಭಾವಚಿತ್ರವಿರುವ ಗುರುತಿನ ಚೀಟಿಯನ್ನು ಕಡ್ಡಾಯವಾಗಿ ಹೊಂದಿರಲು ಸೂಚಿಸತಕ್ಕದ್ದು.
- ಸಂಸ್ಥೆಯ ಈ ಕಾರ್ಯಕ್ರಮದಿಂದ ಕಾರಾಗೃಹದ ಭದ್ರತೆಗೆ ಹಾಗೂ ದೈನಂದಿನ ಆಡಳಿತಕ್ಕೆ ಯಾವುದೇ ರೀತಿಯ ಅಡಚಣೆಯಾಗದಂತೆ ಎಚ್ಚರಿಕೆ ವಹಿಸುವುದು.
- ನಿಷೇಧಿತ ವಸ್ತುಗಳಾದ ಮೊಬೈಲ್, ಕ್ಯಾಮರಾ ಮತ್ತು ವಿಡಿಯೋ ಕ್ಯಾಮೆರಾಗಳನ್ನು ಕಾರಾಗೃಹದ ಒಳಗೆ ತೆಗೆದುಕೊಂಡು ಹೋಗುವಂತಿಲ್ಲ. ಕಾರಾಗೃಹದ ಯಾವುದೇ ನಿಷೇಧಿತ ಪ್ರದೇಶಗಳಿಗೆ ಪ್ರವೇಶವಿರುವುದಿಲ್ಲ.

For please take the students for rounds.
20/03/19

ಪ.ಮೊ.ಮ.ನಿ ರವರಿಂದ ಟಿಪ್ಪಣಿ
ಅನುಮೋದಿಸಲ್ಪಟ್ಟಿದೆ

ನಿಮ್ಮ ನಂಬುಗೆಯ

ಹೆಚ್ಚುವರಿ ಪೊಲೀಸ್ ಮಹಾನಿರ್ದೇಶಕರು ಮತ್ತು
ಕರ್ನಾಟಕದ ಕಾರಾಗೃಹಗಳ ಮಹಾನಿರ್ದೇಶಕರು

ಪ್ರತಿ: ಪ್ರಾಂಶುಪಾಲರು, ಎಸ್.ಬಿ. ಆರ್ಟ್ & ಕೆ.ಸಿ.ಬಿ. ವಿಜ್ಞಾನ ಮಹಾವಿದ್ಯಾಲಯ, ಶ್ರೀ ಜಿ.ಎಸ್. ಹಾಸ್ಟೆಲ್,
(ವಿಜಯಪುರ ರಸ್ತೆ) ವಿಜಯಪುರ ಇವರಿಗೆ ಮಾಹಿತಿಗಾಗಿ

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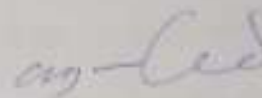
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IOAC, Co-ordinator

ACKNOWLEDGMENT

(2019-20)

Firstly I thank principal Dr.A.S.Pujar for permission to conduct the Home Project, I thank the superintendent and other staff of central prison for permission and entered co-operation. I special thank my department students who involved in the project. I thank to S.S.Angadi Social work faculty of Arihant BSW College Muddebihal I Thank Mr. S.B.Rayannavar and M.G.Yarikanchi lecturer in Department of Social work.



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Dept. of Social Work

H.O.D Department of Social work.



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Introduction

Man is a social animal. He lives in the society making necessary adjustment with others. Owing to certain circumstances he does certain wanted activities . what we'll call crimes in the society. Such cases are given certain punishment depending upon the nature of their crimes by imprisonment or fine or both.

Imprisonment is one of the many punishment given to them. Criminals are removed from society and kept in the prison because of actions which are unacceptable to the grope .

Prisoners are also the human beings and they should be treated properly and meaningfully. The father of the nation Mahatma Gandhi, said that 'criminals' should be treated as patients in hospitals and Jails. Mahatma Gandhi words revealed that all the necessary services to the prisoners should be provided with recreational, educational, morale vocational facilities and they should be treated carefully having physical, social and psychological conditions in mind.


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In the early period the prisoners were not provided any facilities like educational, recreational, etc. and they were kept like wild animals. Now a days the out look on the prisoners has been changed it is because of the efforts made by the modern penologist and psychologist. Hence the concerned authorities are giving more importance to such facilities among them recreational facilities are also more important. In modern days recreational services plays an useful prisoners. So it is responsibility of the concerned institution (prison) to provide necessary recreational facilities to the inmates. The vital role that these services play correcting the prisoners made investigators to under take the study connected with problems of recreational facilities provided to the inmates of the central prison.

The prime aim of the present study is to know the recreational services given to the inmates of the central prison. The study also aims to know the opinions of the inmates about the recreational services provided to them and their likes and dislikes and so on.

The scope of the present study is restricted to only the recreational and services provided to the inmates by the central prison, Bijapur in addition questions were also asked about their future plans and about their adjustment into the society.

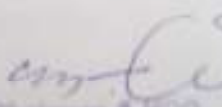
The institution i.e. central prison of Bijapur was constructed during British rules. Total in brief about the prison, it covers an area of about 30 acres. The expected accommodation of this prison is for 550 inmates. But the times of emergency it accommodates up to 1500. the institution also has 62 acres of land for agricultural purpose on which prisoners supposed to work. They grow vegetables layman pulses. There are 50 coconut trees in this field which give coconuts.



The Hop & students story wat and observation in the central prison.



Brifing the students about the field visit & study to Central Prison by Hod


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Place of study

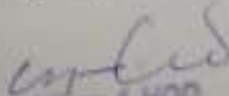
As we have learn already, the central prison at Bijapur has been established during the regime of Bombay Karnataka.

This old prison was situated in the heart of the Bijapur city. The total area inside the main wall is about 13 acres. The authorized accommodation of this prison is 550 inmates. However, in terms of emergency it accommodates up to 1500.


Inspite of this Institution has an agricultural and garden of about 62 acres. And some portion of this land is irrigated by well water. In this field they grow coconut, lemon, sapota, vegetables etc. which are required for them.

In this institution the prisoners are given training in many crafts which are as follows :

1. Weaving powerlooms and Handlooms
2. Tailoring
3. Carpet making
4. Carpentry


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5. Tent making and shamiyana

6. Laundry

7. Black Smithy

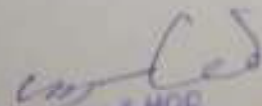
8. Dyeing and bleaching

In this prison there is a full pledged Hospital with all the necessary equipments and medicines. It is under the control of full time recreational officer of Assistant Surgeon grade. This prison hospital is having 30 beds for minor indoor patients. For serious patients and operation they use the services of the General Hospital which is 5 kms away from the prison. This institution provided many facilities to them such as library, play grounds for playing various games, radio, documentary and future films also are shows.

Method of study

This report is the outcome of 15 days field work conducted by investigator. There were 350 inmates in the central prison, Bijapur who are lifers. There were also 50 railway convicts and 6 common prisoners at the time of study. It was very difficult task study all the 350 lifers of the central prison, Bijapur within a short span of time. So ultimately it was decided to study 10% of the total inmates that is 35 inmates only. Those 35 inmates were selected on random sampling applying lottery method. In order to study those 35 cases a detailed interview schedule was prepared to interview them. The schedule contained questions about recreational and services with little background information about inmates i.e. caste, age, occupation, marital status and education. Interview was conducted in isolation and in greater details. The investigator satisfied with the type of study conducted by him. The investigator was interviews to study only the lifers.

To gather data on various aspects, especially on recreational and facilities provided to the inmates of central Prison, Bijapur, the


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investigator made use of various tools and techniques which are as follows :

1. Interview schedule
2. Interview Guide
3. Observation

Though, I used these three tools, fully depended upon the interview technique. To interview the prisoners a detailed interview schedule used. The interview schedule was prepared, keeping in mind the information about the family background of the inmates, their annual income, source of income, their facilities given by the prison authorities and that is also contained some questions regarding the rehabilitation of them in general.

In interview guide was prepared and used to the staff members of the Central Prison, Bijapur. It included the interview with Superintendent, Assistant Superintendent, recreational Officer, Chief Jailor, Chief warden. Information with regard to the facilities and services to the inmates was collected.

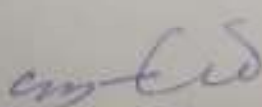
Observation

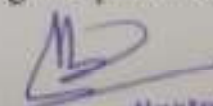
The observation as a technique of research helped the investigator a lot in collecting more important information needed for the study. According to P.V.Yong "Observation is a systematic and deliberate study through the eye of spontaneous occurrences at the time they occur. Observation of the inmates of the central prison, Bijapur was made by the investigator to collect the data. Here the participant observation was made also to the extent.

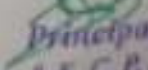
Limitations

The study is restricted only to the 35 inmates of the central prison, Bijapur. The informations, sought by the investigator from the inmates were again cross checked. As the interview schedule was lengthy it took one hour to interview each inmate.

Before the investigator went to the prison to interview the inmates to collect the necessary data needed for his study, he corresponded with the jail authorities to get their permission to conduct his field work. He faced lot of difficulties regarding the permission is concerned. He did


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not get the permission well in time. Only after getting the permission by the L.G.P. Bangalore, I was allowed to go to Bijapur Prison to get the needful data. Due to the shortage of time the investigator was not able to interview all the 350 inmates at the prison.



Giving the information of the Centered prison by the Jailer/ superintendent



students observation of the in

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appropriate clothing and bedding. It is necessary to provide them soap for cleaning their clothing as well as taking baths. These above mentioned precautionaries are necessary to avoid any possible diseases.

RECREATION SERVICE

As we have already discussed, recreational service is also more important in correctional institution or correctional process of the prisoners. Prison should be a moral hospital and recreational activities play a very key role on the criminal and contribute in reshaping his maladjusted and distorted emotions. Now let us discuss what is recreation types of recreation etc.

Meaning of Recreation

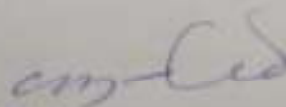
Recreation is commonly referred to as a type of experience, as specific form of activity, as an Attitude or spirit, as an area of the rich abundant living, as off the job living, as an expression of the inner nature of man as antithesis of work, an organized movement, a phase of the total Educational process, or as a profession.

As Dr. John H. Finley has pointed out 'recreation is broad enough to include (play) in its every expression and also many activities that are usually not thought of as play, music the drama, the crafts, every free activity and especially creative activity for the enrichment of life'.

Objectives

Cultural and recreational activities have certain aims and they are as follows;

1. To break the tedium and burden of Institutional regimentation and bring in an atmosphere of relaxation and joy in the institution.
2. To offer opportunities inmates for a) restoration of energies b) outlet in socially accepted ways c) establishing helpful social recreations d) aesthetics pursuits and cultural development e) Creative satisfactory f) channelizing surplus energies in a constructive number.
3. To utilize group living in the institution for the purpose of importing training in a) group adjustment b) gaining mastery over self, environment and situation c) good standards of social relation d) good attitude towards fellowman e) respect for rules and procedure and f) proper way of living.
4. To inculcate a discipline of healthy interest so that offer release the inmate may utilize his spare time constructively.
5. To minimize the possible harmful effects of in care certain occurring through abnormal sex activities reveries day, dreams etc.
6. Offer healthy substitutes for perverted practices like gambling and other underworld pursuits.
7. To improve the tone of institutional discipline and to promote good morale.
8. To improve the tone of Institutional discipline in attitude.


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TYPES OF RECREATION

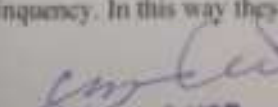
There are many types in recreation such as follows;


- 1) **Public recreation** : It is organized by Governmental and semi-governmental agencies.
- 2) **Semipublic Recreation** : Independence day, Republic day, Celebration, youth festival etc.
- 3) **Commercial Recreation** : Cinemas, dramas etc
- 4) **Individual and family recreation** : Recreation by social agencies and so on.


Cultural and recreational services are included numerous activities such as games, films, drama, music, community and folk dance art and craft, reading miscellaneous and so on. Now let us discuss in detail about some important cultural and recreational services which should be provided to the inmates of prison.

Sports Activities :

Various kinds of games offer opportunities for physical exertion and relaxation such games also provide opportunities for social recreation and promote team work, co-operation and fair play. Sports activities develops individual qualities and have strong bearing on the growth of social attitude which affect the individual as a member of his group. In addition they help to build character obviously a potent agent in the prevention of crime and delinquency. In this way they help in correctional process of an individual.


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There are mainly two types of games one is indoor game viz. volley ball, foot ball, basket ball, ring tennis and so on. For any institution in order to provide sports facilities to the inmates, it is necessary to have sports equipments required and proper play ground and instructors, during sports meets. It is also necessary to take security precautions.

CULTURAL ACTIVITIES

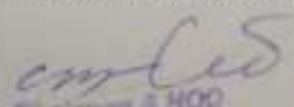
1) Films and Dramas :

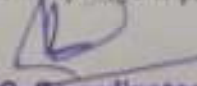
Films, dramas, dance are necessary for the benefit of the mental and physical health of inmates. They form an integral part of institution recreation and cultural pursuits and regarded an important factors in the social development of the inmates.

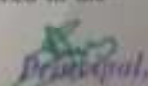
Films play an important part in the education cum recreational activities for the institution. For every institution it is necessary to have required equipments and other facilities to show the films such as projector, open-air theaters etc. in such institution films, dealing with social theme or films having educational values should be shown.

Drama, in such institution provide an opportunity for re-education. Through it modes of behavior can be presented which help in re-building of individuals behavior pattern.

Another cultural all music has unique bearing over emotions. It can be of great value for the lonely, the distressed and the unhappy. It promotes interest in life of an individual. It also contribute in many ways if properly utilized in the


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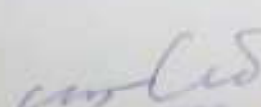

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Briefing to students about the central Prison by the faculty



data collection of the students from inmates by desained interview schedule


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abnormal atmosphere of a prison. In such of radio, music, recorded music group singing, folk music and so on.

Community and folk dance being a part of the cultural service, play unique role in re-shaping individual behavior. Such activities in prison will help in many ways. They provide opportunities to the inmates for relaxation, expression of the inner spirits sense of belong etc. They can also reveal individual such problems and all new social expression.

In spite of these above mentioned cultural and recreational activities there are many other activities, such as drawing and paintings, crafts, moral lectures, religious festival, reading and so on which also influence inmates thinking process and behavior patterns and contribute in correctional process.

CHAPTER-III

Recreational Services in Central Prison Bijapur:

This chapter is devoted to analytically examine the existing medical and recreational services in the central prison Bijapur.

The investigator studied the topic i.e. medical and recreational services provided to the inmates of central prison. He also studied in detail the opinions of inmates regarding hospital services, sanitary conditions and recreational activities, such as indoor, out door games and dramas. Because these services help the inmates to mould the personality of prisoners and helps to rehabilitate the prisoners into the society making the good and ideal citizens. While servicing with the human sympathy is to be shown to the inmates for which there

RECREATIONAL SERVICE

Sports Activities :

Every wish to be happy. It can seldom be attained, by any one kind of activity. The play is to a balance life in relation to work offered a refreshing activity contrast to responsibility and routine. To keep alive the spirit of adventure and that sense of proportion.

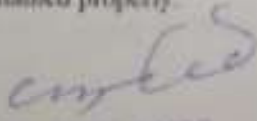
The inmates gather in the play ground between 3 to 5 p.m. and play various like feet ball, volley ball, kabaddi, khokho and so on.


Table No.07

Showing the participation of inmates in various games in central prison Bijapur

| Kabaddi | Volley Ball | Foot Ball | Khokho | Hockey | Ring | Total |
|---------|-------------|-----------|--------|--------|------|-------|
| 09 | 10 | 06 | 08 | -- | 02 | 35 |

It is clear from the above table that out of 35 inmates 10 inmates are participating in volley ball game; 9 inmates participating in kabaddi; 6 inmates in Foot ball; 8 inmates are participating in Khokho; and the remaining in inmates are participating in Tenikot. It is found that there is a very good response for sports activities by the inmates because it refreshes them and almost to spend leisure time. But one thing is observed by the investigator is that the play ground is not maintained properly.


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Equipment and play ground:

Sports equipments have an important place on play ground and are used at play field. The inmates enjoying and using them. Fields and facilities for games sports are provided practically. But this institution has equipments and play articles like foot ball, Volley ball and nets ring tennis.

Table No.-08

Showing the opinion of the inmates about games

| Satisfied | Not satisfied | Indifferent | Total |
|-----------|---------------|-------------|-------|
| 30 | 02 | 03 | 35 |

The above table shows that out of 35 inmates 30 inmates are satisfied with the equipments, 2 inmates are some what satisfied and remaining 3 inmates are indifferent.

In the central prison there is no standard ground. It is not sufficient for the inmates to play also. However, inmates spend their leisure time within the limitation.

Advantages of sports activities :

The events and occurrences which constitute the growth and development of the human organization have been discrioedon "task of the body" participating in sports transforming food into energy reproducing fighting disease are such task of the body. They may be a part of growth maturation, or

development and sociability. They may occur slowly and imperceptibly or acutely and quite suddenly.

INJURY WHILE PLAYING

Observation :

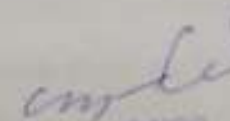
In games some inmates will get the injury 25 inmates got the minor injuries and 10 inmates not get injuries. 28 inmates are participating in sports meets 7 inmates are not participating because they are not interested. Those who have succeed in the completion they receive prize like soap, pen and pencils.

Cultural Activities


Cultural activities are necessary in the institution for the benefit of the mental and physical health of inmates. They should form integral part of institutional region. Recreation and cultural pursuits should be considered as important factors in the social developments.

Drama Singing :

The musical and dramatical entertainments, when organized and conducted by the institution will offered an outlet on one side for the creative impulse and on the other hand for hankering for beauty and self expression, through ones own efforts should be the keynote participated in drama, Group song and individual singing.


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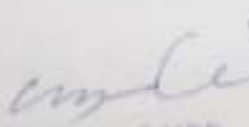

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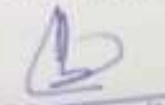


students asking questions to regarding Topic study to inmates



students observing the activities of inmates in the premises


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Table No.09

Showing the inmates participation in various cultural activities

| Drama | Group Singing | Individual Singing | Total |
|-------|---------------|--------------------|-------|
| 17 | 13 | 05 | 35 |

The above table shows that out of 35 inmates 17 inmates are participating in drama, 13 inmates are participating in singing group songs remaining 5 inmates are individual singers.

Table No.10

Showing the frequency participation of inmate in the entertainment programme

| Everyday | Occasionally | Rarely | Total |
|----------|--------------|--------|-------|
| 28 | 04 | 03 | 35 |

FILM SHOW

The good film is an important medium for the diffusion of human thought. It is unsurpassed weapon of effective man communication; its appeal is universal. The interest of the inmates in films has increased tremendously. This gives us the clue for its immense potentialities in moulding or educating the inmates the inmates for the benefit of society. The view that film is only for entertainment of the inmates has been rendered not wholly meaning fully under the possibility of a happy combination on of both entertainment and education.

Listening Radio

The radio can be used for stimulating and minds of the inmates for improver programme should confine to educate activity and chicsly to impart

simple information regarding health and methods of cultivation. Our real objective should be to develop the faculty of self amusement individually and collectively to improve their behavior.

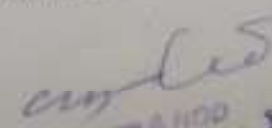
Reading books and papers during leisure time as recreation :

The importance of libraries in correctional institution has long been recognized. A book from the library accompanies the inmates has a strong influence because it is his own choice. It gives proper opportunity. The prison library may become 'an oasis for refreshment and quite friendliness' and prove of useful agency 'not only of wholesome recreation but also of direct and indirect education.

There is a library in central prison Bijapur. All types of books available in central prison Bijapur as follows:

| | |
|---------|------|
| Kannada | 936 |
| English | 91 |
| Marathi | 100 |
| Hindi | 965 |
| Urdu | 100 |
| Telugu | 68 |
| Total | 2260 |

The Library consisting of 2260 books totally.


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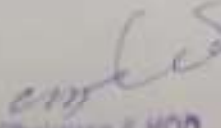
CONCLUSION

In central prison the food served is according to the diet scale prescribed by the government. 29 inmates are satisfied with the quality and only one 4 inmates are not satisfied remaining 2 are indifferent. For inmates say that they require more quality of food because they are working very hard others are attending simple work. The inmates gather in the play ground between 3 to 5 pm. and play various games like foot ball, volley ball, Kabaddi, Kho Kho. The inmates have been provided facilities like games Films, Radio, TV programmes Dramas. Then participate in sports meets and cultural meets etc. All the inmates have felt that they are very happy about these activities and also stated that these activities would be help to forget all mental stresses and strains and making them joyful in the abnormal atmosphere of the prison.

During leisure time as recreation out of 35 inmates 18 inmates are reading books daily and 4 inmates are occasionally reading Novels, remaining 2 inmates are rarely reading.

Reason out of 35 inmates 11 inmates are illiterates. They do not read, spend most of their leisure time in telling jokes that to vulgar jokes.

It shows that the majority of the inmates are readers remaining 11 inmates are illiterates.


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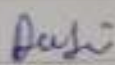
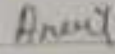

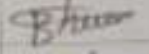
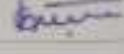

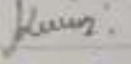
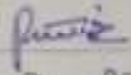
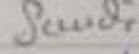
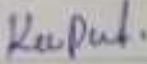
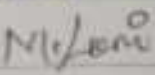
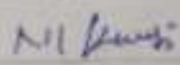
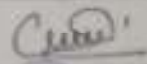


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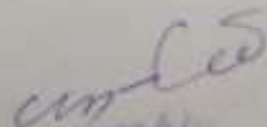

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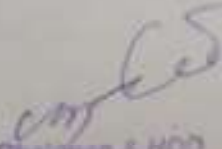
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