

Piper betle

Scientific classification

Kingdom : Plantae
Clade : Angiosperms
Order : Piperales
Family : Piperaceae
Genus : *Piper*
Species : *P.betle*
Part used : Leaves



Description

The betel plant is an evergreen, dioecious perennial, is a climbing vine with glossy heart-shaped leaves. The plants are dioecious (individuals are either male or female) and produce white flowers arranged in small spikes called catkins. The betel plant originated in Southern and Southeast Asia. It is grown in shady tropical conditions.

Medicinal uses

It has medicinal properties like anticancer, anti-allergic, anti-malaria, anti-filarial, antibacterial, antifungal study, insecticidal, antioxidant, anti-diabetic, gastro-protective. Betel leaves increase metabolism triggering circulation and stimulating the intestines to absorb vital vitamins and nutrients. Reduces respiratory issues: Betel leaf widely helps in treating issues related to cough and cold. It is an excellent cure for those suffering from chest, lung congestion and asthma.