

Asparagus racemosus

Scientific classification

Kingdom : Plantae
Clade : Angiosperms
Order : Asparagales
Family : Asparagaceae
Genus : *Asparagus*
Species : *A.racemosus*
Part used : Root



DESCRIPTION

Asparagus racemosus is a climber having stems up to 4 m long. Its roots are both fibrous and tuberous. Shatavari has small pine-needle like phylloclades (photosynthetic branches) that are uniform and shiny green. In July, it produces minute, white flowers on short, spiky stems, and in September it fruits, producing blackish-purple, globular berries. It has an adventitious root system with tuberous roots that measure about one meter in length, tapering at both ends, with roughly a hundred on each plant.

MEDICINAL USES

Tuberous root are used in nervous disorder, tumours , fatigue , diarrhea, fatigue. It is also used in cases of gastric ulcers and indigestion.It has Antifungal, antimicrobial, diuretic properties.