

## *Zingiber officinale*

### Scientific classification

**Kingdom** : Plantae  
**Clade** : Angiosperms  
**Order** : Zingiberales  
**Family** : Zingiberaceae  
**Genus** : *Zingiber*  
**Species** : *Z.officinale*  
**Part used** : Rhizome



### DESCRIPTION

It is now cultivated over a greater part of the tropical and temperate regions. The chief ginger growing countries of the world are India, China, Australia, East Indies, West Indies, Mexico, Jamaica, North Africa and West Africa. Ginger are aromatic herb with an underground rhizome and an erect stem, up to 75 cm. in height,. Leaves of ginger are simple, alternate, linear-lanceolate, sheathing at the base, sessile, acuminate at apex, glabrous, up to 15 cm.long. Inflorescence a spike on a distinct scape; flowers densely arranged, bisexual, irregular, each subtended by a persistent scarious bract.

### MEDICINAL USES

It is used for stomachic, stimulant and aromatic carminative. It is used in cold and cough and as a febrifuge. It is used in making drugs for digestive disorders. It has anticancer, antibacterial properties.