

Phyllanthus niruri

Scientific classification

Kingdom	: Plantae
Clade	: Angiosperms
Order	: Malpighiales
Family	: <u>Phyllanthaceae</u>
Genus	: <i>Phyllanthus</i>
Species	: <i>P.niruri</i>
Part used	: leaves



Description

Phyllanthus niruri is a widespread tropical plant commonly found in coastal areas, known by the common names gale of the wind, stonebreaker or seed-under-leaf. It grows 50–70 cm (20–28 in) tall and bears ascending herbaceous branches. The bark is smooth and light green. It bears numerous pale green flowers which are often flushed with red. The fruits are tiny, smooth capsules containing seeds.

Medicinal uses

It may help break up or reduce the size of stones that form in the urinary tract. It has the potential to help in the treatment of diabetes. It may help prevent liver inflammation and damage. It is used in alternative medicine to prevent and treat kidney stones (also known as renal calculi). It can aid in the treatment of certain liver or kidney diseases.