


Tinospora cordifolia

Scientific classification	
Kingdom : Plantae	
Clade : Angiosperms	
Order : Ranunculales	
Family : Menispermaceae	
Genus : <i>Tinospora</i>	
Species : <i>T.cordifolia</i>	
Part used : leaves	

Description

It is a large, deciduous, extensively-spreading, climbing shrub with several elongated twining branches. Leaves are simple, alternate, and exstipulate with long petioles up to 15 cm (6 in) long which are roundish and pulvinate, both at the base and apex with the basal one longer and twisted partially and half way around. It gets its name heart-leaved moonseed by its heart-shaped leaves and its reddish fruit. Flowers are unisexual, small on separate plants and appearing when the plant is leafless, greenish-yellow on axillary and terminal racemes. Fruits aggregate in clusters of one to three.

Medicinal Uses

Tinospora cordifolia is used for diabetes, high cholesterol, allergic rhinitis (hay fever), upset stomach, gout, lymphoma and other cancers, rheumatoid arthritis (RA), hepatitis, peptic ulcer disease (PUD), fever, gonorrhoea, syphilis, and to boost the immune system. *Tinospora cordifolia* has an importance in traditional ayurvedic medicine used for ages in the treatment of fever, jaundice, chronic diarrhoea, dysentery, bone fracture, pain, asthma, skin disease, poisonous insect, snake bite, eye disorders.